

Tallahassee Gastro Health Center

4012 Kelcey Ct, Suite 103, Tallahassee, FL 32308

tallygastrohealth.com Phone: 850-297-0351

CLENPIQ Preparation for Colonoscopy

Name: _____

Date: _____

Special Medications Instructions: _____

-
- If you take aspirin or NSAIDs, such as Advil, Motrin, Celebrex, or ibuprofen, you may continue to take them as usual.
 - If you take a blood thinner or insulin, please let us know and we will guide you.
 - Stop taking iron supplements: ferrous sulfate or polysaccharide iron complex 7 days prior to your procedure.

One day *before* your colonoscopy (as soon as you wake up):

1. Begin a clear liquid diet.

Allowed clear liquids:

Gatorade, Pedialyte, or Powerade

Coffee or tea (no milk or cream)

Carbonated and non-carbonated soft drinks

Kool-Aid or other fruit-flavored drinks

Apple juice, white cranberry juice, or white grape juice

Jell-O, popsicles (not red or purple)

2. At **5:00 pm**, drink one bottle (5.4oz) of Clenpiq. Please drink this slowly.
3. Once this is complete drink an additional 5 cups (8oz each) of water within 5 hours.

On the day *of* your colonoscopy:

1. At **2 am** drink the second bottle (5.4oz) of Clenpiq. Please drink this slowly.
2. Once this is complete, drink an additional 3 cups (8oz each) of water two hours prior to your colonoscopy.
3. You can go ahead and take your usual morning medicines as well unless you have been instructed otherwise.

Do not drink any liquids for at least 2 hours prior to your colonoscopy

Your driver must stay at the center for your entire appointment (around 2-3 hours)